



INTRODUCTION

Message From Our Manager

Hello everyone,

I am delighted to introduce myself as the Interim Manager here at Mearns View. I have been part of the company for the past 10 years, working as a Home Manager in Ayrshire, and I am truly excited to now be joining the wonderful community at Mearns View.

Over the coming weeks, I will be arranging a Resident and Relatives Meeting as an opportunity to introduce myself properly, share a little about my background, and, most importantly, hear from you.

In the meantime, I would be absolutely delighted to meet anyone who would like to pop in for a chat. Please don't hesitate to stop by my office, or if it's easier, you are very welcome to get in touch with me directly by email.

I am looking forward to getting to know all our residents, families, and staff, and continuing the excellent care and warm atmosphere that Mearns View is known for.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Kay Bain
Interim Manager

SUMMER EVENT

Summer Hoedown

We held a lively summer hoedown here at Mearns View, and what a day it was. Residents, relatives, visitors and staff joined in with dancing, singing and plenty of laughter. The American-style barbecue was enjoyed by all, accompanied by American beer and a taste of 'moonshine'. A big thank you goes to Tommy Hughes and Malcolm from the band Stealaway, who kept the dance floor full from start to finish.



MUSIC & ENTERTAINMENT

Drumming Workshops

Residents have been taking part in uplifting drumming workshops, bringing together rhythm, song and laughter. With a variety of instruments – from drums and tambourines to maracas, triangles and egg shakers – everyone had the chance to join in and follow the beat. We played music from across the decades, as well as childhood favourites, before rounding off the afternoon with tea, cake, and even a few impromptu poetry recitals.



An Afternoon of Music

Residents recently enjoyed a very special afternoon filled with classical music, delicious canapés and a little sparkle from celebratory bubbles. It was a relaxing and elegant occasion much enjoyed by everyone who attended.



An Elvis Tribute Performance

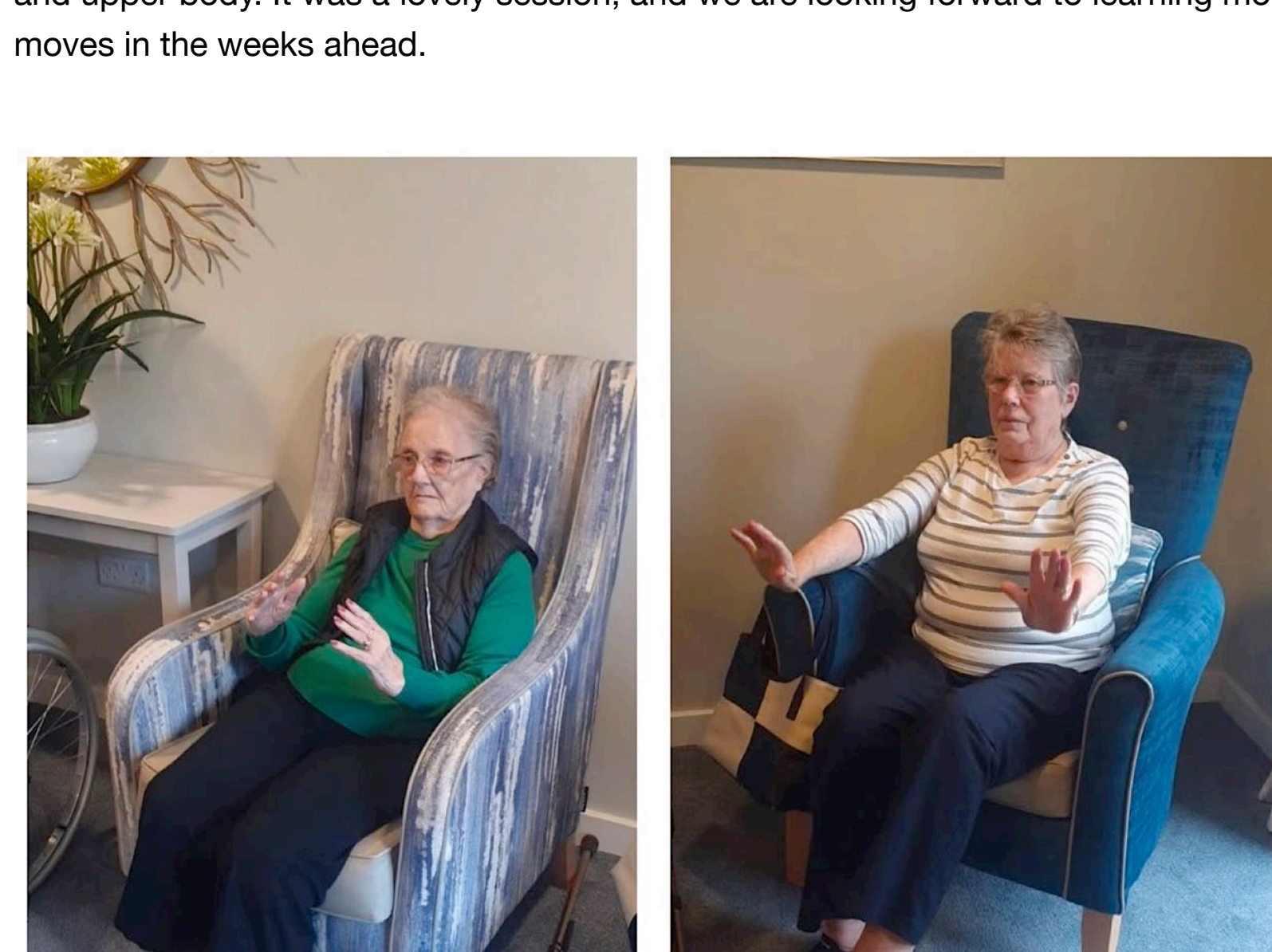
We welcomed an Elvis tribute singer, who soon had the room filled with music, dancing and singalongs. Both residents and staff joined in, making it another memorable afternoon at Mearns View.



MOVEMENT & EXERCISE

Chair Tai Chi

A calm and refreshing morning of Chair Tai Chi gave residents the chance to focus on breathing techniques and gentle movements, helping to ease tension in the arms and upper body. It was a lovely session, and we are looking forward to learning more moves in the weeks ahead.



TAPFIT Fun

Staying active has been a joy thanks to Rachel from TAPFIT, who brought energy and enthusiasm to her session. With plenty of toe-tapping music, residents moved, stretched and smiled their way through the class - with staff joining in too for extra fun.



EXTERNAL LINKS

Social Media

Make sure to check out the Mearns View Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)