



INTRODUCTION

Message From Our Team

Mearns View Care Home continues to be a place filled with warmth, kindness, and meaningful moments. It is a privilege to witness the compassion, laughter, and strong connections that flourish each day between our residents, staff, and families.

We remain committed to providing high-quality, person-centred care while maintaining a safe, comfortable, and welcoming environment where everyone feels valued and respected. Your feedback is always appreciated, as it helps us to learn, improve, and grow together.

Thank you for being such an important part of our care home community. I hope you enjoy reflecting on the special moments we have shared over the past few months.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Mearns View Care Home Team

SPRING HIGHLIGHTS

St Patrick's Day Celebrations

There were shenanigans aplenty as we came together to celebrate St Patrick's Day! Residents and staff alike embraced the joyful atmosphere, enjoying lively music and great company. Of course, no celebration would be complete without some delicious treats - our Guinness and soda scones, served with Irish cheese, were a particular highlight. It was a wonderful day!



Nutrition and Hydration Week

We were delighted to take part in Nutrition and Hydration Week, focusing on the importance of staying healthy while enjoying tasty and refreshing options. Residents had the opportunity to sample a variety of fresh fruit smoothies, colourful mocktails, and nutritious milkshakes. These delicious drinks were not only packed with goodness but also added a splash of fun and creativity to the week.



A Special Mother's Day

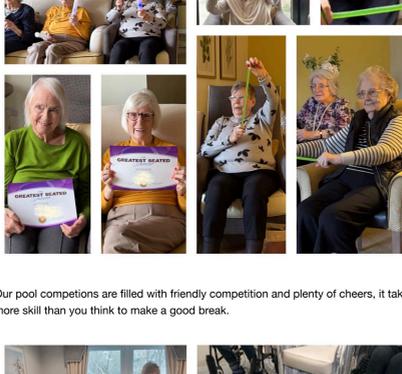
Mother's Day at Mearns View was nothing short of fabulous. It was a beautiful day filled with love, laughter, and cherished moments shared between residents, families, and staff. The celebrations included plenty of Prosecco, afternoon tea, and a delightful selection of glorious cakes that everyone thoroughly enjoyed. Most importantly, it was a time to reflect, connect, and create wonderful memories together. Here's to many more special celebrations at Mearns View!



RECENT ACTIVITIES

Tap Fit & Pool

We have thoroughly enjoyed our Tap Fit exercise sessions, which are a great way to keep everyone active while also encouraging relaxation and enjoyment. Staying active supports overall wellbeing, enhances mood, and contributes to a better quality of life.



Our pool competitions are filled with friendly competition and plenty of cheers, it takes more skill than you think to make a good break.



Lunch Club

Our visits to a local Lunch Club have proved very popular with residents. These outings offer valuable opportunities for companionship and social interaction, alongside enjoying a nutritious meal, with fish and chips being a firm favourite. The highlight of the day included live entertainment from a singer, as well as bingo and a raffle, making it an enjoyable and engaging experience for all.

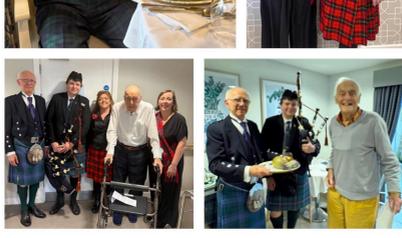


SEASONAL EVENTS

Burns Night Celebrations

Residents and staff came together to celebrate Burns Night with a traditional Scottish gathering. The evening included the Address to a Haggis, delicious Scottish fare, and a memorable performance by a young bagpiper.

The stirring sound of the bagpipes, along with a wee dram of whisky and homemade shortbread, created a joyful and nostalgic atmosphere. A big thank you to our piper and everyone who helped make the celebration so special.



Christmas Visitors

The Christmas period was a wonderfully busy time, filled with activities, events, and outings that brought great joy to both residents and staff.

The nursery children visited us in the lead-up to Christmas and delighted everyone by singing festive songs. They also met Father Christmas and received a small treat each. We were equally pleased to welcome the Mearns Castle High School Choir, who entertained residents with a selection of carols and songs, we also enjoyed performances from their talented solo musicians playing favourite Christmas tunes.

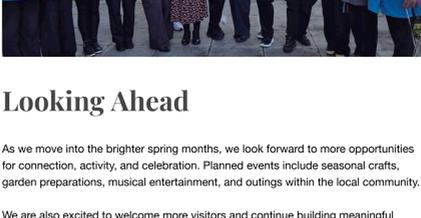


HOME NEWS

Carehome.co.uk Top 20 Award

The Carehome.co.uk Top 20 Care Home Awards recognise the most recommended care homes across each region of the UK. These awards are based on thousands of reviews and recommendations from residents, their families, and friends.

We are delighted that Mearns View has received this accolade. Congratulations and well done to all our staff for their dedication and excellence in supporting our wonderful residents.



Looking Ahead

As we move into the brighter spring months, we look forward to more opportunities for connection, activity, and celebration. Planned events include seasonal crafts, garden preparations, musical entertainment, and outings within the local community.

We are also excited to welcome more visitors and continue building meaningful experiences for everyone at Mearns View.

EXTERNAL LINKS

Social Media

Make sure to check out the Mearns View Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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